



MAKING A DIFFERENCE

JOSIE CALCOTT - CI USER
BAY OF PLENTY

ARE YOU...

- *A Cochlear wearer?*
- *Had one for long?*
- *Waiting for one?*
- *Thinking about it?*



...Laughing at someone's joke

THINGS TO THINK ABOUT

- *How is my situation right now?*
- *What do I wish to improve?*
- *Do I want better contact and better communication with people?*
- *Do I feel frustrated at times?*
- *Am I having trouble at work?.....problems with my family/friends?...·relationship problems?*
- *Explore different technologies to support your CI*

QUESTIONS?



The beauty of sound



Achievements reached



Easy conversations



Ongoing support

POST SURGERY

The recovery phase - waiting for switch on

REHABILITATION

*Hours...days...weeks...months...2 years...
But remember, you don't have 'no hearing'
any more, you are discovering new hearing
every day over the weeks, months and years...
it's ongoing.*

PRACTISE PRACTISE PRACTISE



TIPS

- *Document your journey*
- *You can hang your cochlear on your locker while you shower!*
- *Carry a spare disposable battery (with a packet of disposables) with you everywhere*
- *Use your cochlear magnet to remove batteries*





MY RUNNING CLUB

“RUNNERS CAPTAIN”

CONTACTS

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FACEBOOK GROUPS

NZ wide – NZ Cochlear implant group

Australia and NZ – “Cochlear Australia and New Zealand”

Bay of Plenty – “The Cochy Group” (Closed group)